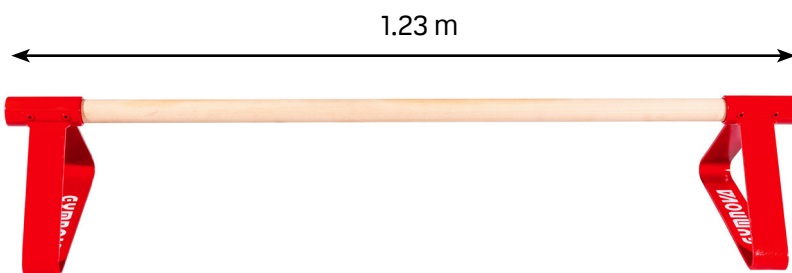


PIROUETTE BAR

Ref. 3280

Ideal for learning basic pirouettes on bars, it helps develop essential reflexes and habits before practising these exercises on competition apparatus.



It provides a similar grip to the standard hand-rails on asymmetric bars (\varnothing 40 mm) to ensure a smooth transition.

It can also be used to perform strength-training exercises.

This versatile bar is an essential tool for gymnasts looking to develop their skills on asymmetric bars.